FRESHMEN SOPHOMORE CHAMPIONSHIPS

Sunken Meadow State Park

The Freshmen Sophomore Championships will be held on Friday, October 30, 2015 at Sunken Meadow State Park. There will be four races. The first race will start at 3:30 P.M. Please be sure you have entered your roster on just-in-time-racing. Please send your entry and check to Port Jefferson High School and email a copy of the **entry** to Rod Cawley at Port Jefferson High School.

Race times:

3:30 P.M.	Freshmen Girls	2.5 mi
4:00 P.M.	Freshmen Boys	2.5 mi
4:25 P.M.	Sophomore Girls	3.0 mi
4:55 P.M.	Sophomore Boys	3.0 mi

Awards: Shirts to first 20 in Frosh./Soph. races

Medals to 21 through 50 in Frosh./Soph. races Trophies to Championship Teams in Frosh./Soph.

If you have any questions please contact either Meet Director below

Meet Director: Rod Cawley rcawl@optonline.net

BOYS ENTRY

FRESHMEN SOPHOMORE CHAMPIONSHIPS SUNKEN MEADOW STATE PARK, KINGS PARK, NY FRIDAY, October 30, 2015

School		_ Phone	
School Address			
Coach		Phone	
Email		-	
The cost is \$35.00 pe	r team or \$10.00	per individual.	A team may consist of 5-7 individuals
	<u>#Teams</u>	<u>#Ind.</u>	<u>Amount</u>
Freshmen Boys			
Sophomore Boys			
		Total	

Maximum Boys entry fee is \$200.00

Make checks payable to Mail to:

Port Jefferson High School

Rod Cawley Port Jefferson High School 350 Old Post Rd. Port Jefferson, NY 11777

Be sure to enter roster on just-in-time-racing.com

GIRLS ENTRY

FRESHMEN SOPHOMORE CHAMPIONSHIPS SUNKEN MEADOW STATE PARK, KINGS PARK, NY FRIDAY, October 30, 2015

School		Phor	ne	
School Address				
Coach		Phor	Phone	
Email				
The cost is \$35.00 per	team or \$10.0	0 per individua	al. A team may consist of 5-7 individuals	
	<u>#Teams</u>	#Ind.	Amount	
Freshmen Girls				
Sophomore Girls				
		Tota	1	
	Maximum	n Girls entry	fee is \$200.00	

Make checks payable to Port Jefferson High School

Mail to: Rod

Rod Cawley Port Jefferson High School 350 Old Post Rd. Port Jefferson, NY 11777

Be sure to enter roster on just-in-time-racing.com